

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: MEGA

Coachinfo: Warming up from: 10:00 untill 10:45. Teamleadmeeting @ 10:45 The listed starttimes are indicative!

Coaches: Van Renterghem Delphine HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M MEDLEY WOMEN 11-12							Heat:1, starttime: 11:00	
Heat: 1/2 Lane : 1 Athlete: RABAEYS LAURE							Q-time: 03:39:58	
PB (25m pool): no time			PB (50m pool): 03:39.58SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 1: 200M MEDLEY WOMEN 11-12							Heat:1, starttime: 11:00	
Heat: 1/2 Lane : 2 Athlete: CHRISTIAENS NORE							Q-time: 03:31:63	
PB (25m pool): no time			PB (50m pool): 03:31.63 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 2: 200M MEDLEY MEN 11-12							Heat:2, starttime: 11:13	
Heat: 2/2 Lane : 2 Athlete: VERNIERS ROBIN							Q-time: 03:20:70	
PB (25m pool): 03:26.09 Sinbad 05/10/2025			PB (50m pool): 03:20.70 SB: 03:26.09 Sinbad 05/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.94		no time		no time		03:26.09
	00:46.94							
								

Coach feedback:

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 2: 200M MEDLEY MEN 11-12							Heat:2, starttime: 11:13	
Heat: 2/2 Lane : 3 Athlete: VAN THILLO BASTIJN							Q-time: 03:00:12	
PB (25m pool): 03:00.12 T ROSCO 12/10/2025				PB (50m pool): 02:56.78SB: 03:00.12 T ROSCO 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.07		01:27.71		02:19.30		03:00.12
	00:42.07		00:45.64		00:51.59		00:40.82	
								

Coach feedback:

Event number: 2: 200M MEDLEY MEN 11-12							Heat:2, starttime: 11:13	
Heat: 2/2 Lane : 5 Athlete: VAN DEN BRANDEN CAMIEL							Q-time: 02:59:18	
PB (25m pool): 03:20.24 Sinbad 05/10/2025				PB (50m pool): 02:59.18SB: 03:20.24 Sinbad 05/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.32		no time		no time		03:20.24
	00:45.32							
								

Coach feedback:

Event number: 2: 200M MEDLEY MEN 11-12							Heat:2, starttime: 11:13	
Heat: 2/2 Lane : 8 Athlete: VAN HULLE MAURO							Q-time: 03:38:68	
PB (25m pool): 03:38.68 Sinbad 05/10/2025				PB (50m pool): no time SB: 03:38.68 Sinbad 05/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:51.05		no time		no time		03:38.68
	00:51.05							
								

Coach feedback:

Event number: 3: 100M FREESTYLE WOMEN 13-14						Heat:2, starttime: 11:20	
Heat: 2/5 Lane : 2 Athlete: SCHOENMAEKERS ALIX					Q-time: 01:19:79		
PB (25m pool): 01:19.79 Nijlen 16/11/2025			PB (50m pool): 01:16.33SB: 01:19.79 Nijlen 16/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M			
PB		00:37.45		01:19.79			
	00:37.45		00:42.34				
							

Coach feedback:

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 3: 100M FREESTYLE WOMEN 13-14					Heat:2, starttime: 11:20
Heat: 2/5 Lane : 3 Athlete: MAERTENS LOTTE					Q-time: 01:18:78
PB (25m pool): 01:18.78 Temse 21/12/2025					PB (50m pool): 01:20.72 SB: 01:18.78 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.58		01:18.78	
	00:36.58		00:42.20		
					

Coach feedback:

Event number: 3: 100M FREESTYLE WOMEN 13-14					Heat:2, starttime: 11:20
Heat: 2/5 Lane : 4 Athlete: MORTIER ALIX					Q-time: 01:15:72
PB (25m pool): 01:15.72 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:13.62 SB: 01:15.72 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.79		01:15.72	
	00:36.79		00:38.93		
					

Coach feedback:

Event number: 3: 100M FREESTYLE WOMEN 13-14					Heat:3, starttime: 11:22
Heat: 3/5 Lane : 3 Athlete: DELAGRANGE C��ZANNE					Q-time: 01:12:44
PB (25m pool): 01:12.44 Temse 21/12/2025					PB (50m pool): 01:13.34 SB: 01:12.44 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.50		01:12.44	
	00:33.50		00:38.94		
					

Coach feedback:

Event number: 3: 100M FREESTYLE WOMEN 13-14					Heat:4, starttime: 11:24
Heat: 4/5 Lane : 2 Athlete: VANHAECKE JULIETTE					Q-time: 01:06:87
PB (25m pool): 01:06.87 TEMSE 23/11/2025					PB (50m pool): 01:07.95 SB: 01:06.87 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.00		01:06.87	
	00:32.00		00:34.87		
					

Coach feedback:

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 3: 100M FREESTYLE WOMEN 13-14					Heat:4, starttime: 11:24
Heat: 4/5 Lane : 4 Athlete: TAVERNIER LUCIA					Q-time: 01:05:11
PB (25m pool): 01:05.11 Temse 17/11/2025					PB (50m pool): 01:04.66 SB: 01:05.11 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.79		01:05.11	
	00:31.79		00:33.32		
					

Coach feedback:

Event number: 3: 100M FREESTYLE WOMEN 13-14					Heat:4, starttime: 11:24
Heat: 4/5 Lane : 6 Athlete: VAN DER PLAS LOTTE					Q-time: 01:06:47
PB (25m pool): 01:06.47 Temse 17/11/2025					PB (50m pool): 01:09.03 SB: 01:06.47 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.65		01:06.47	
	00:31.65		00:34.82		
					

Coach feedback:

Event number: 3: 100M FREESTYLE WOMEN 13-14					Heat:4, starttime: 11:24
Heat: 4/5 Lane : 7 Athlete: POTIER JOLIE					Q-time: 01:08:15
PB (25m pool): 01:08.15 TEMSE 23/11/2025					PB (50m pool): 01:08.99 SB: 01:08.15 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.58		01:08.15	
	00:32.58		00:35.57		
					

Coach feedback:

Event number: 3: 100M FREESTYLE WOMEN 13-14					Heat:5, starttime: 11:25
Heat: 5/5 Lane : 8 Athlete: WAIGNEIN ROSIE					Q-time: 01:04:62
PB (25m pool): 01:04.62 Temse 17/11/2025					PB (50m pool): 01:05.32 SB: 01:04.62 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.34		01:04.62	
	00:31.34		00:33.28		
					

Coach feedback:

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 4: 100M FREESTYLE MEN 13-14					Heat:2, starttime: 11:29
Heat: 2/3 Lane : 2 Athlete: HINDRYCKX MAURO					Q-time: 01:09:20
PB (25m pool): 01:09.20 Nijlen 16/11/2025					PB (50m pool): 01:05.66 SB: 01:09.20 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.15		01:09.20	
	00:32.15		00:37.05		
					

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 13-14					Heat:2, starttime: 11:29
Heat: 2/3 Lane : 3 Athlete: TURPIJN JULES					Q-time: 01:07:28
PB (25m pool): 01:07.28 Temse 17/11/2025					PB (50m pool): 01:10.29 SB: 01:07.28 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.14		01:07.28	
	00:33.14		00:34.14		
					

Coach feedback:

Event number: 4: 100M FREESTYLE MEN 13-14					Heat:2, starttime: 11:29
Heat: 2/3 Lane : 7 Athlete: VANHULLE WILLEM					Q-time: 01:09:66
PB (25m pool): 01:09.66 Temse 17/11/2025					PB (50m pool): 01:06.61 SB: 01:09.66 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.95		01:09.66	
	00:33.95		00:35.71		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 13-14					Heat:1, starttime: 11:33
Heat: 1/2 Lane : 4 Athlete: VAN DER PLAS SANNE					Q-time: 01:46:72
PB (25m pool): 01:46.72 Dendermonde. 22/11/2025					PB (50m pool): 01:46.48 SB: 01:46.72 Dendermonde. 22/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.42		01:46.72	
	00:50.42		00:56.30		
					

Coach feedback:

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 5: 100M BREASTSTROKE WOMEN 13-14					Heat:2, starttime: 11:35
Heat: 2/2 Lane : 1 Athlete: DE BAERE AUKE					Q-time: 01:35:61
PB (25m pool): 01:35.61 Dendermonde. 22/11/2025					PB (50m pool): 01:38.52 SB: 01:35.61 Dendermonde. 22/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.27		01:35.61	
	00:45.27		00:50.34		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 13-14					Heat:2, starttime: 11:35
Heat: 2/2 Lane : 6 Athlete: VAN BEYLEN STELLA					Q-time: 01:29:69
PB (25m pool): 01:31.97 Temse 17/11/2025					PB (50m pool): 01:29.69 SB: 01:31.97 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.71		01:31.97	
	00:43.71		00:48.26		
					

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 13-14					Heat:1, starttime: 11:38
Heat: 1/2 Lane : 5 Athlete: HUENS BRIEK					Q-time: 01:38:18
PB (25m pool): 01:38.18 Temse 17/11/2025					PB (50m pool): 01:41.01 SB: 01:38.18 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.33		01:38.18	
	00:47.33		00:50.85		
					

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 13-14					Heat:2, starttime: 11:40
Heat: 2/2 Lane : 7 Athlete: RABAEYS LUCAS					Q-time: 01:27:48
PB (25m pool): 01:32.83 Dendermonde. 22/11/2025					PB (50m pool): 01:27.48 SB: 01:32.83 Dendermonde. 22/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.36		01:32.83	
	00:44.36		00:48.47		
					

Coach feedback:

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 6: 100M BREASTSTROKE MEN 13-14					Heat:2, starttime: 11:40
Heat: 2/2 Lane : 8 Athlete: BODDAERT LUCAS					Q-time: 01:34:54
PB (25m pool): 01:34.54 Dendermonde. 22/11/2025					PB (50m pool): 01:30.44 SB: 01:34.54 Dendermonde. 22/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.36		01:34.54	
	00:45.36		00:49.18		
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 13-14					Heat:1, starttime: 11:43
Heat: 1/3 Lane : 4 Athlete: MORTIER ALIX					Q-time: 01:26:36
PB (25m pool): 01:26.36 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:21.63 SB: 01:26.36 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.59		01:26.36	
	00:42.59		00:43.77		
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 13-14					Heat:1, starttime: 11:43
Heat: 1/3 Lane : 6 Athlete: MAERTENS LOTTE					Q-time: 01:31:62
PB (25m pool): 01:31.62 Temse 21/12/2025					PB (50m pool): 01:38.25 SB: 01:31.62 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.94		01:31.62	
	00:43.94		00:47.68		
					

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 13-14					Heat:1, starttime: 11:43
Heat: 1/3 Lane : 7 Athlete: VAN DER PLAS SANNE					Q-time: 01:35:59
PB (25m pool): 01:36.36 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:30.95 SB: 01:36.36 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.87		01:36.36	
	00:46.87		00:49.49		
					

Coach feedback:

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 7: 100M BACKSTROKE WOMEN 13-14				Heat:2, starttime: 11:46	
Heat: 2/3 Lane : 3 Athlete: VAN BEYLEN STELLA				Q-time: 01:18:40	
PB (25m pool): 01:21.51 TEMSE 30/03/2025				PB (50m pool): 01:18.40 SB: 01:21.61 Temse 17/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.47		01:21.51	
	00:40.47		00:41.04		
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 13-14				Heat:1, starttime: 11:50	
Heat: 1/2 Lane : 3 Athlete: HINDRYCKX MAURO				Q-time: 01:20:01	
PB (25m pool): 01:20.01 Nijlen 16/11/2025				PB (50m pool): 01:18.77 SB: 01:20.01 Nijlen 16/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.71		01:20.01	
	00:37.71		00:42.30		
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 13-14				Heat:2, starttime: 11:53	
Heat: 2/2 Lane : 7 Athlete: HUENS BRIEK				Q-time: 01:18:47	
PB (25m pool): 01:18.47 Sint-Niklaas 11/01/2026				PB (50m pool): 01:17.20 SB: 01:18.47 Sint-Niklaas 11/01/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.48		01:18.47	
	00:39.48		00:38.99		
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 13-14				Heat:2, starttime: 11:53	
Heat: 2/2 Lane : 8 Athlete: VANHULLE WILLEM				Q-time: 01:18:96	
PB (25m pool): 01:18.96 Temse 17/11/2025				PB (50m pool): 01:17.60 SB: 01:18.96 Temse 17/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.06		01:18.96	
	00:39.06		00:39.90		
					

Coach feedback:

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 9: 400M FREESTYLE WOMEN 11-12							Heat:1, starttime: 11:55	
Heat: 1/2 Lane : 4 Athlete: CHRISTIAENS NORE							Q-time: 06:24:30	
PB (25m pool): no time			PB (50m pool): 06:24.30SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-12							Heat:1, starttime: 11:55	
Heat: 1/2 Lane : 7 Athlete: AUDENAERT LORE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-12							Heat:1, starttime: 12:10	
Heat: 1/2 Lane : 4 Athlete: VERNIERS ROBIN							Q-time: 06:25:36	
PB (25m pool): no time			PB (50m pool): 06:25.36 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 10: 400M FREESTYLE MEN 11-12							Heat:1, starttime: 12:10	
Heat: 1/2 Lane : 6 Athlete: VAN HULLE MAURO							Q-time: 06:58:19	
PB (25m pool): 06:58.19 Eeklo 21/04/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:35.19		no time		03:22.97
	no time							
	...	...	...	...	...	...	...	...
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:58.19
	...	...	...	...	...	...	...	...

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-12							Heat:2, starttime: 12:18	
Heat: 2/2 Lane : 5 Athlete: VAN THILLO BASTIJN							Q-time: 05:25:79	
PB (25m pool): 05:25.79 T ROSCO 12/10/2025				PB (50m pool): 05:32.88SB: 05:25.79 T ROSCO 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:36.50		01:18.01		02:00.09		02:41.63
	00:36.50		00:41.51		00:42.08		00:41.54	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:23.70		04:04.92		04:46.23		05:25.79
	00:42.07		00:41.22		00:41.31		00:39.56	
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-12							Heat:2, starttime: 12:18	
Heat: 2/2 Lane : 6 Athlete: VAN DEN BRANDEN CAMIEL							Q-time: 05:36:38	
PB (25m pool): no time			PB (50m pool): 05:36.38SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 11: 100M BUTTERFLY WOMEN 13-14				Heat:1, starttime: 12:25	
Heat: 1/2 Lane : 4 Athlete: DE BAERE AUKE				Q-time: 01:38:38	
PB (25m pool): 01:38.38 Eeklo 21/04/2025				PB (50m pool): 01:27.79 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.15		01:38.38	
	00:43.15		00:55.23		
					

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 13-14				Heat:1, starttime: 12:25	
Heat: 1/2 Lane : 5 Athlete: SCHOENMAEKERS ALIX				Q-time: 01:51:20	
PB (25m pool): no time				PB (50m pool): 01:51.20 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 13-14				Heat:1, starttime: 12:25	
Heat: 1/2 Lane : 7 Athlete: DELAGRANGE C��ZANNE				Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 13-14				Heat:2, starttime: 12:28	
Heat: 2/2 Lane : 2 Athlete: TAVERNIER LUCIA				Q-time: 01:19:84	
PB (25m pool): 01:19.84 T ROSCO 12/10/2025				PB (50m pool): 01:17.63 SB: 01:19.84 T ROSCO 12/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.23		01:19.84	
	00:36.23		00:43.61		
					

Coach feedback:

Limietenwedstrijd: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 11: 100M BUTTERFLY WOMEN 13-14					Heat:2, starttime: 12:28
Heat: 2/2 Lane : 4 Athlete: VAN DER PLAS LOTTE					Q-time: 01:13:71
PB (25m pool): 01:13.71 TEMSE 23/11/2025					PB (50m pool): 01:13.80 SB: 01:13.71 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.66		01:13.71	
	00:33.66		00:40.05		
					

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 13-14					Heat:2, starttime: 12:28
Heat: 2/2 Lane : 7 Athlete: WAIGNEIN ROSIE					Q-time: 01:23:64
PB (25m pool): 01:23.64 T ROSCO 12/10/2025					PB (50m pool): 01:22.62 SB: 01:23.64 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.14		01:23.64	
	00:38.14		00:45.50		
					

Coach feedback: